

The Elder Law Practice of Rulon & Adamshick LLC is a law firm that guides older adults and their families through the challenges of growing older. Their attorneys and care coordinators specialize in Life Care Planning, working together to help their clients prepare for and address the legal, financial and personal care issues that often accompany aging.

Thomas A. Rulon, Esq. earned his law degree at Northwestern University and has practiced estate planning, trust and elder law in Hawaii for many decades, helping thousands of clients. Tom is a fellow of the prestigious American College of Trust and Estate Counsel. He has co-authored numerous “how-to-manuals” for other professionals in the areas of probate, estate planning and elder law and lectures frequently on those topics.

Laurie T.S. Adamshick, Esq., is an elder law attorney who discovered her passion for elder law as the result of her experience over several years as the primary caregiver and advocate for her late parents. Laurie is a Veterans Administration accredited attorney and a member of ElderCounsel and the National Academy of Elder Law Attorneys. She serves on the boards of Kokua Mau and the Hawaii Pacific Gerontological Society.

Mike Meyer, RN, Elder Care Coordinator, is a Registered Nurse and Certified Case Manager with over 28 years of experience in hospital care, health education, home care management, dementia care and community case management. He has been involved in very complex cases that required unique solutions, patience, and genuine empathy for family members going through very stressful times. His experience includes the care planning for both of his grandmothers, allowing them to live at home for an extended period with safety and dignity.



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74 Kihapai Street • Kailua, HI 96734
(808) 393-6387 | RULON-ADAMSHICK.COM